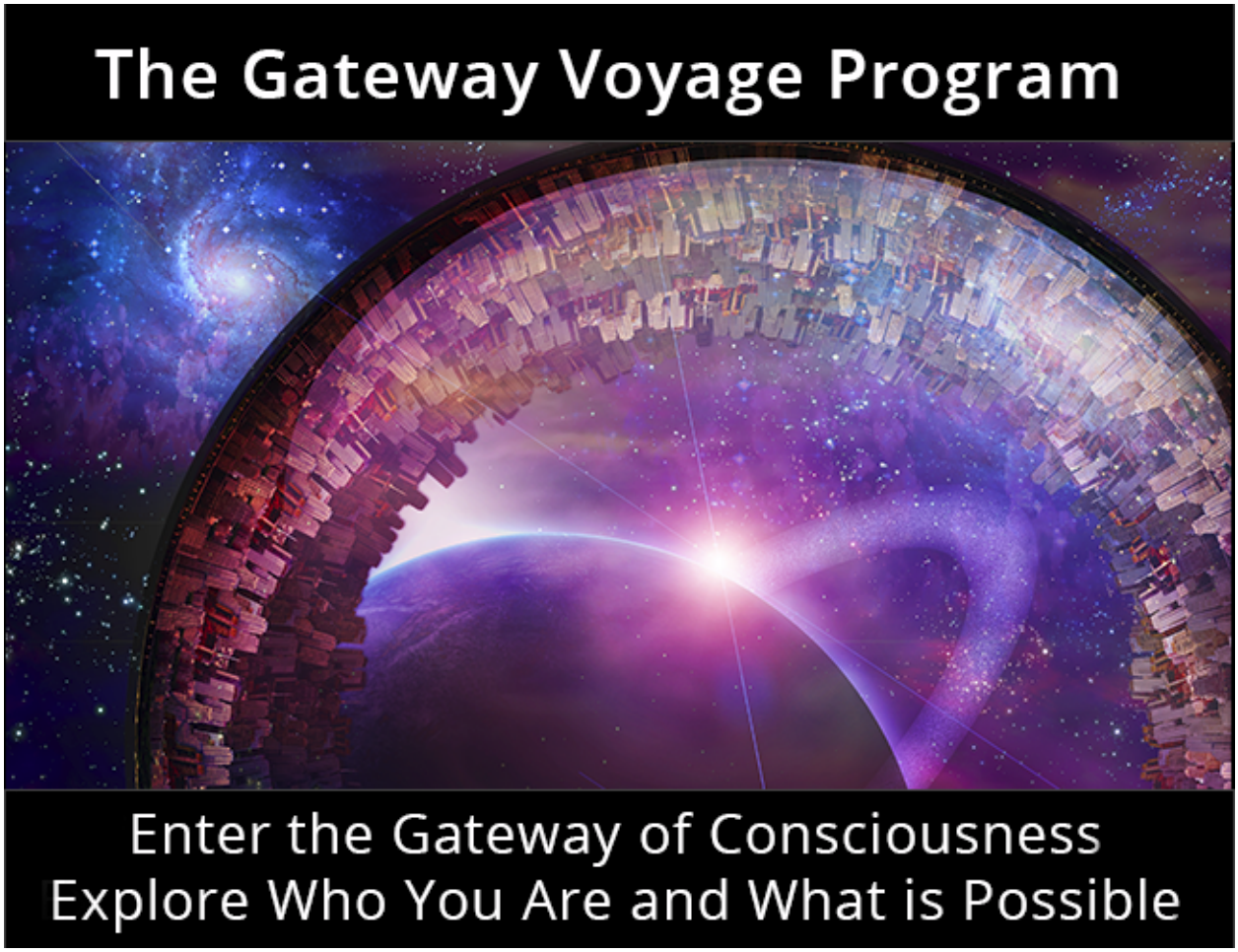


2019 Website Program Description

Join TMI's team of highly skilled trainers for a 5-day/6-night voyage of self-discovery through the gateway of expanded awareness. Experience Robert Monroe's original, groundbreaking program on the ***exploration of human consciousness***.

Gateway Voyage is a transformative program that will ***accelerate your ability to go farther, deeper, and faster*** into different dimensions of your consciousness.

Using the Hemi-Sync® audio guidance technology, you are gently guided into deeper, more profound states of awareness—into the recognition that you are far more than your physical body.

Discover the power of brainwave entrainment on consciousness, behavior, thought, and emotions.

Enter the Gateway of Consciousness. Explore Beyond Your Physical Body.

I AM READY TO EXPLORE!

During this dynamic course, you will gain the tools necessary to navigate non-physical states and then use these tools to achieve unique states of lucidity, which can enhance and expand all aspects of your life.

For over 40 years, thousands of people who participated in the Gateway Voyage program have experienced exceptional states of consciousness and life-enhancing benefits. Many of our past participants report:

- Greater present time focus
- Enhanced self-awareness and self-empowerment
- A profound inner wisdom and a deeper understanding of oneself
- Stress-reduction and better problem-solving skills
- Sharpened awareness of synchronicities
- Ability to realign emotions
- Ability to set and achieve goals for the future
- Obtaining a state of lucidity which enhances all aspects of daily life

Journey Inward and Outward.
Explore a Universe of Possibilities.

The Gateway Voyage program focuses on exploring various states of consciousness through direct experience. This program is designed to give you the core tools, techniques, and principles for **enhancing your physical, mental, emotional, and spiritual growth.**

Gateway Voyage is a foundational course and **teaches you the skills necessary to attend advanced level TMI programs**. Being Robert Monroe's flagship program, the Gateway Voyage fills up quickly. **We highly recommend reserving your place in advance.**

I AM READY TO EXPLORE!

Your Facility for this Exploration: The Monroe Institute

TMI is the premier experiential residential education center for exploring expanded states of consciousness. For the past 40 years, tens of thousands of people just like you have attended our residential programs. People from all walks of life including doctors, engineers, healers, therapists, clergy, homemakers, artists, and executives have come to The Monroe Institute looking to expand their consciousness.

Explore the Gateway of Self-Realization.
Accelerate Your Awakening.

Our Gateway Voyage program will shift your perspective of what is possible, help you tap into your potential, and, ultimately, help you to expand who you are as a human being.

You will have the unique opportunity to explore powerful techniques to awaken the hidden powers and abilities within your mind and spirit. Discover how to:

- Enter into levels of expanded awareness
- Achieve states of deep relaxation
- Keep your mind awake while your body is asleep
- Explore the out-of-body state and other energy systems
- Enter a state of No Time

Deepen Your Understanding of the Nature of Reality and Your Relationship to the Universe.

I AM READY TO EXPLORE!

Don't take our word for it. Here is what our past Gateway Voyage participants have to say about their experience with us.

"My decision for attending a Gateway program is related to my upcoming experiments in human genetics. Experiments go beyond the usual concepts of scientific thinking and I came to expand my 'breath of mental perception." - Aleksy D.

"I am very fortunate to have had many enviable spiritual awakenings in my life including a Near-Death Experience. My experience at The Monroe Institute became some of the most important events of my life." - Victor T.

"As a lifelong believer in these concepts, this was the clearest, most direct way I've ever found to put them into practice and demonstrate beyond the shadow of a doubt that we are far more than our physical bodies!" - Mark C.

"I thoroughly enjoyed this wonderful transformative experience!" - Jeanne B.

"A must-have experience for anyone and everyone, especially if you're looking for some soul searching." - Joe A.

"Gateway Voyage was so transforming and personal for me. I experienced things that I never came close to experiencing before. Messages came to me easily and clearly. The expansion of my consciousness showed such a different and bigger perception of life, death, and reality." - Ilene H.

"The Gateway Voyage gave me a new outlook on my spirituality and a new outlook on life in general. I left it feeling completely fulfilled but at the same time wanting more. It turned out to be the ride of my life." - Adam T.

"Is there a way to categorize a true experience that rattles one's heart and provides a gateway to Who You Are? Gateway Voyage was one of the wildest, most enriching experiences in my life!" - Amelia U.

"For me, this second Gateway Voyage was every bit as powerful as any of the TMI programs I have been privileged to attend. It did, indeed, restore my ability to meditate, my ability to "see beyond" the ordinary." - Jacqueline P.

"The highlight of my Gateway Voyage experience at The Monroe Institute is to really appreciate, on a very deep level, that indeed I am much more than my physical body." - Alice S.

"Profound, deep, serendipitous events galore, manifest destiny." - Catherine S.

"Visiting the Monroe Institute has been the highlight of my year. It has been so great to meet so many like-minded people. Such a beautiful facility, comfortable accommodations and amazing food." - Mike L.

"The Monroe Institute has enhanced my life. I am forever grateful for the experience I have received. Thank you so much!" - Jedediah J.

"I came with little expectation and left with the wonderful gift of awareness, connectedness, and enlightenment. I made many new friends as well." - Matt R.

"This is life changing. Great work and effort!!! I feel exceptionally blessed to participate." - Elizabeth H.

"You people are incredible, and this place rocks!!!...thank you from the bottom of my heart for changing my life." - Stephanie S.

"I'll certainly come back. Loved our leaders and our group. Truly." - Scott B.

"Life changing, would recommend to anyone interested in growth." - Joe C.

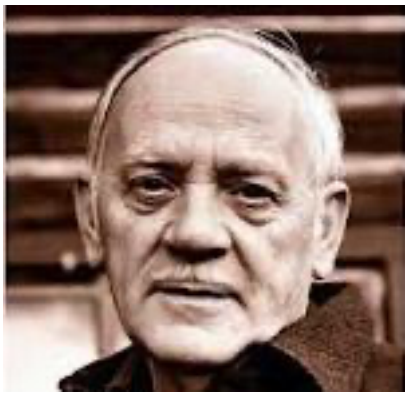
"I feel this was one of the most powerful processes I've learned for growth in my personal life as it has truly allowed me to release the fear of death." - Grace E.

Our Powerful 5-day/6-night All-inclusive Gateway Voyage Program Offers:

- Daily consciousness exploration facilitated by our skilled trainers
- Semi-private accommodations
- 3 delicious home-style meals a day
- Daily yoga classes

- Transportation to and from airport (see details)
- As well as access to walking/hiking trails, complimentary WiFi and massage therapy upon request (additional fee)

Take the Voyage of a Lifetime. Explore Who You Are And What Is Possible. Enter the Gateway of Consciousness. Only at TMI.



“Go find out for yourself.” ~ Robert Monroe

*Note: Every Gateway Voyage experience is unique to the individual. No one experience is like any other. Each participant will have an experience in ways consistent with their needs and beliefs.

Note: Hemi-Sync® is a registered trademark of Interstate Industries Inc., dba Hemi-Sync®.